

PARENT GUIDE

Year 1- Week 4

Don't Murder

What We Covered

Take Away Point: I Protect Life with my Words and Actions.

Key Verse: "Love your neighbor as yourself" Matthew 22:39b

Why We Talked About It

God values life, from the moment He breathed life into creation and made us in His image, His desire has always been to protect and restore life, even after sin brought death into the world. The 5th Commandment, "You shall not murder," isn't just about physical violence. Jesus teaches in Matthew 5:21-22 that in our anger and contempt toward others, even in our words, we break this commandment in God's eyes. Our tongues are powerful (James 3:3-6), and today it's easier than ever to tear someone down through gossip, group chats, or comment sections instead of building them up. But this commandment isn't only about avoiding harm, it's about actively helping our neighbor in every need, and choosing to bring life into the lives of others the way Jesus did.

What You Can Do

Read and Discuss:

- Read Matthew 5:21-22 and James 3:3-6
- Why do you think Jesus connects anger and name-calling to something as serious as murder?
- Why is it easier to say hurtful things over text or on social media than in person?
- Who can you encourage or support this week?

Challenge check-in: Say or post something encouraging that builds someone else up.

Memory Verse: Matthew 22:39b

"Love your neighbor as yourself."