



GIVING CHALLENGE

1. WELCOME & OPENING PRAYER (4 MINUTES)

Welcome the group to Week 4. Remind them: this week's focus is learning how to live from a place of abundance—not scarcity—and how generosity can rewire the way we see the world.

Open in prayer, asking God to renew our minds and free us from fear-based living.

2. ICEBREAKER (5 MINUTES)

Question: "What's your go-to grocery store aisle—and what does it say about you?"

3. WATCH THE VIDEO: "GIVING ABUNDANTLY – TRADING SCARCITY FOR ABUNDANCE" (12 MINUTES)

Play the video filmed in the grocery store. Zach explores the overwhelming abundance of American life, the spiritual danger of the scarcity mindset, and how generosity can shift us from hoarding to trust.

4. BIBLE READINGS (3 MINUTES)

Invite participants to read aloud:

- **John 10:10** – "I have come that they may have life, and have it abundantly."
- **Psalms 23:1** – "The Lord is my shepherd; I lack nothing."
- **Deuteronomy 15:7–11** – God's call to open hands and cancel debts
- **Matthew 6:21–24** – The "eye" as the lamp of the body – how we see the world affects how we live.

5. PERSONAL ASSESSMENT TIME (5 MINUTES)

Take a few minutes and complete this exercise to help you understand more about where your heart is in relation to today's topic. This exercise is also the challenge for Day 20 of **Giving Challenge**.



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6. DISCUSSION QUESTIONS (40 MINUTES):

1. Take some time to discuss the previous week's readings and/or challenges. Celebrate a win and a struggle you had in **Giving Challenge** over the past week.
2. What did God reveal to you during the readings and/or challenges this past week?
3. What scene or story from the grocery store video stuck with you most?
4. When have you found yourself thinking, "There's not enough"—even when you had what you needed?
5. Zach described the scarcity mindset as a shopping cart you push around—filled with anxiety, control, fear. What's in your mindset shopping cart right now?
6. What do you think causes people—even Christians—to feel like they never have enough?
7. Psalm 23:1 says, "I lack nothing." Does that feel true for you? Why or why not?
8. The story of Sasha's Christmas generosity showed what happens when someone acts out of "already having enough." Have you ever experienced that mindset shift? Or witnessed someone else living that way?
9. Share where you ranked yourself on the scarcity vs. abundance assessment. Reflect on why you settled on that number and identify something you can do to have more of an abundance mindset?
10. How does generosity help us shift from scarcity to abundance?
11. Deuteronomy 15 reveals that God built systems of release into Israel's economy—why do you think that mattered so much to Him?
12. What role does trust play in moving from hoarding to releasing?
13. What's one area in your life where God might be calling you to live more open-handed?

7. WEEKLY CHALLENGE PROMPT (2 MINUTES)

Challenge: Give a gift out of your abundance.

- Look around—what do you already have that someone else may need?
- It could be groceries, clothes, time, money, or some other resources.

Encourage participants to ask God: "What do I have that I can release this week?"