

Confirmation Parent Guide

What is Confirmation?

In the Lutheran Church, confirmation is a public rite that reaffirms a person's baptism and commitment to living out their faith in Jesus Christ. At King of Kings, this is an opportunity for Middle School students to reignite the faith they received through baptism and fan the flame so that they may live as called, unashamed, and purposeful followers of Jesus Christ every day.

Confirmation is structured as a two-year program for middle school students that includes 40 lessons split into four semesters (fall and winter each year). Lessons take place on Sundays and include games and snacks, worship, large group teaching and activities, and small group discussion. It culminates in a Confirmation Ceremony where students will confirm their faith in front of family and friends.

What is the role of parents in Confirmation?

Parents are the most important role models and primary teachers for faith formation in their children. Parents should be active and involved in the church, attending worship regularly and volunteering when able. Discussions about faith, prayer, and Bible reading should be happening regularly throughout the week at home. This sets an example for students in Christian living.

Confirmation is not a graduation. It is one step that students take in their faith journey to learn how to own their faith and confirm that this is what they believe. The church's job is to come alongside you as a resource for helping your children grow in their faith.

One tool to help parents connect with Confirmation at home is found in the King of Kings app. You can join the Confirmation Community Group in the app with this link: <https://kingofkin.gs/ejkaxb>. The app will feature discussion guides for parents that follow along with what students will learn each week. It is also a place to find news, add prayer requests, and communicate with other parents.

The most important thing a parent can do through this journey is to pray for their children and encourage them as they grow to follow Jesus in every aspect of their life.

Lesson Schedule

Year 1 – What is Confirmation, Old Testament, Ten Commandments, Confession and Absolution, Apostle's Creed, Sexuality

Fall Semester

1. What is Confirmation?
2. What is God's Word?
3. What is Worship?
4. Apostle's Creed First Article
5. Apostle's Creed Second Article
6. Apostle's Creed Third Article
7. Sexuality/Pornography
8. Sexuality/LGBTQ
9. Confession and Absolution
10. Office of the Keys

Winter Semester

1. Creation
2. The Fall
3. The Flood through Joseph
4. Exodus
5. First Three Commandments
6. Last Seven Commandments
7. Judges
8. Kings
9. Prophets
10. Intertestamental Period

Year 2 – New Testament, Luther/Church History, Lord’s Prayer, Sacraments, Apologetics, Mental Health

Fall Semester

1. What is Prayer?
2. The Lord’s Prayer Part 1
3. The Lord’s Prayer Part 2
4. Mental Health
5. Suicide
6. Church History
7. Reformation
8. The Sacraments
9. Baptism
10. Communion

Winter Semester

1. Birth of Jesus and Early Life
2. The Disciples
3. Why Faith?
4. How do we Know?
5. Parables
6. Miracles
7. Death and Resurrection
8. Paul and the Early Church
9. My Identity
10. What Next

Student Notes

Confirmation students will be given a three-ring binder and each week they will receive a handout for taking notes during the large group teaching. By the end of the two-year program, they will have all 40 lesson notes to look back on in their binder.

Faith Talks

Before confirming their faith publicly, students will have a conversation with a staff member. They will discuss how their faith has grown over the last two years and where they see themselves in the future. Faith Talks will be low pressure and conversational – not a quiz of everything they have learned. It will help inform staff members about where each student is in their faith journey and if they are individually ready to confirm their faith.

Confirmation Ceremony

The Confirmation Ceremony will take place each spring. Students who have completed both years of the program will have the opportunity to Confirm their faith in front of friends and family. This Ceremony will include worship, a brief message, a blessing time with families and staff members, and a celebration together afterward.