



### INTRODUCTION

You are about to embark on a 40-Day Life Changing Journey called *Serving Challenge*. In this challenge, you will learn from the greatest servant of all, Jesus Christ. After learning about Jesus, you will be challenged to practice the five aspects of serving like Jesus. Ultimately, we believe that serving like Jesus will provide you with more personal fulfillment than you ever thought possible. Before you begin your journey, take some time to go over the Group Promise together by reading it aloud. Make sure everyone understands the commitment.

### GROUP PROMISE

I commit to these basic *Serving Challenge* Group Promises. This is my “ALL IN” pledge to live out Jesus’ words, both in my own life and in helping my Group do so.

- ➔ I will be on time, show up with my whole heart, and share when I attend group.
- ➔ I understand that this group is 100% confidential. Whatever is shared in the group stays in the group.
- ➔ I will respect other group members by participating openly and speaking honestly without dominating the discussions.
- ➔ I will not try to fix people, preach a sermon, or give unsolicited advice.
- ➔ When I share in the group I will share primarily about myself and not about others.
- ➔ I will trust God to work in all of us as we explore serving like Jesus together!

**Ice Breaker:** Describe the greatest, most incredible journey you’ve ever witnessed. This could be your own personal journey or one you have read, studied, etc. What made this journey so epic?

WATCH SERVING CHALLENGE VIDEO FOR WEEK 1 - INTRODUCTION

[kingofkings.org/servingchallenge](http://kingofkings.org/servingchallenge)

### DISCUSSION

- 1 Do you believe there is a difference between believing in Jesus and following Jesus? If so, what is the difference? What would move a believer to become a follower?
- 2 Would you classify your life up to this point as a believer in Jesus, a follower of Jesus, or both?





### DISCUSSION (CONT.)

- 3 Zach says in the introduction of *Serving Challenge*: “Despite many American Christians identifying Jesus as their Savior (still 63%) and at the same time experiencing incredible wealth in this world, two things are happening. On the outside, our collective influence is rapidly declining. And on the inside, we’re feeling and experiencing levels of burnout, exhaustion, loneliness, depression, sadness, and anxiety that, on record, we’ve never been at before.” Do you agree or disagree? Explain.
- 4 What steps would you take if you were in charge of ramping up Christianity’s influence in the world?
- 5 Zach makes the case in the introduction of *Serving Challenge* that nothing will help gain or regain our influence more than serving like Jesus. Agree/disagree.

Read **Philippians 2:5-11** and answer the following questions:

*Serving Challenge* will explore the five aspects of serving like Jesus found in **Philippians 2:5-11**:


- Attitude
- Availability
- Action
- Ability
- Ambition

- 6 Which one of the five aspects do you believe most prevents you from serving like Jesus? Explain.
- 7 In *Serving Challenge*, you will be encouraged to see your life as unfolding story. If someone were to read the story you have told with your life up to today, what would others learn about you? What would others learn about God from your story?
- 8 What do you hope happens in your life over the next 40 days?





### CLOSING THOUGHTS

What you believe about Jesus will never change the world. How you follow Jesus could change the world. #SERVINGCHALLENGE   

Read **Matthew 20:28**: "...the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

### CHALLENGE FOR THE WEEK

Invite someone to journey with you for 40 Days.

Most of the greatest challenges conquered in life are not meant for individuals to tackle alone. We hope that you will do this challenge with at least one other person, called your accountability partner. If you are joining in this challenge with your small group or your church, it's still important that you have one person who can help to hold you accountable for the duration of this challenge. Identify specifics with this person, such as how often you will check in with one another and what questions you will ask of one another at those check-ins.

### PRAYER

Spend time praying together as a group as you embark on the 40-day challenge together. Ask God for encouragement, strength, honesty, perseverance, and appropriate vulnerability to help you truly become the servant God has called you to be!

\*For a deeper, daily experience to go alongside the weekly small group experience, purchase *Serving Challenge: A 40-Day Life-Changing Journey to Serve Like Jesus* at [www.servingchallenge.com](http://www.servingchallenge.com) and read the Introduction, as well as Days 1-5.

