

# KING OF KINGS MESSAGE DISCUSSION GUIDE

## RUTHLESSLY FOLLOWING JESUS - APRIL 30, 2023

Week 3

### Icebreaker

What's a food item/recipe that you make really well?

### Key Passage

Romans 12:1

"Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship."

### Discussion Questions

1. Do you ever think about the health and wellbeing of your soul? Why or why not?
2. What are some aspects of your life that are deteriorating your soul's wellbeing?
3. What are some things you do or could do to improve the health of your soul?
4. Do you prefer a fast-paced lifestyle or one that's slow? What do you like or dislike about the pace of your life?
5. Read James 5:7-8. Farmers' success is contingent upon rain; their entire livelihoods hang on something they cannot control. What need in your life is beyond your control? What would it look like to be present with God rather than spending energy worrying about the future while you wait?
6. While farmers expectantly wait on rain, they don't wait without do so in sloth. They make preparations so their fields and crops will be set up for success when the rain comes. What are you doing (or what could you be doing) to prepare your life for God's rain?
7. How have you typically responded to God's timing in the past? In what ways does God's timing help us learn to slow down?
8. Read Psalm 33:13-22. In what ways is it comforting to know that God sees your waiting? How does God being all-seeing impact your ability and willingness to be patient?
9. Smartphones are wonderful tools, but unchecked they can cause a lot of busyness and stress in our lives. What might it look like for you to parent your phone more effectively?
10. Are you happy with the status of your prayer life? If so, what makes you pleased with it? And if not, what can you do to improve it?

### Close with Prayer

